



Kids Cooking Class

Wednesdays 4:30-7:00pm

Jan 9th, Feb 6th, Mar 6th or Apr 10th, 2019

at White Pines Wellness Centre

1745 Chiefswood Rd

* Please only register for one class *

FREE for Kids ages 7-11 will prepare a healthy meal for themselves & one adult guest

Call Health Promotion

519-445-4779 to register