

SUPPORT. EDUCATION. CONNECTION.

Fempower

Group

For Moms



March 19th—June 11th, 2019

Tuesdays 5:00pm—7:30pm

Dinner Provided

Location: Six Nations Birthing Centre

Free Program for mothers with goals of:

- ✓ Improving self-esteem
- ✓ Building healthy relationships
- ✓ Developing empowered parenting skills

Registration Deadline—March 8th, 2019

Contact Ashley King to register: 519-445-4922

Spaces Limited – Transportation Available

No Child Care

